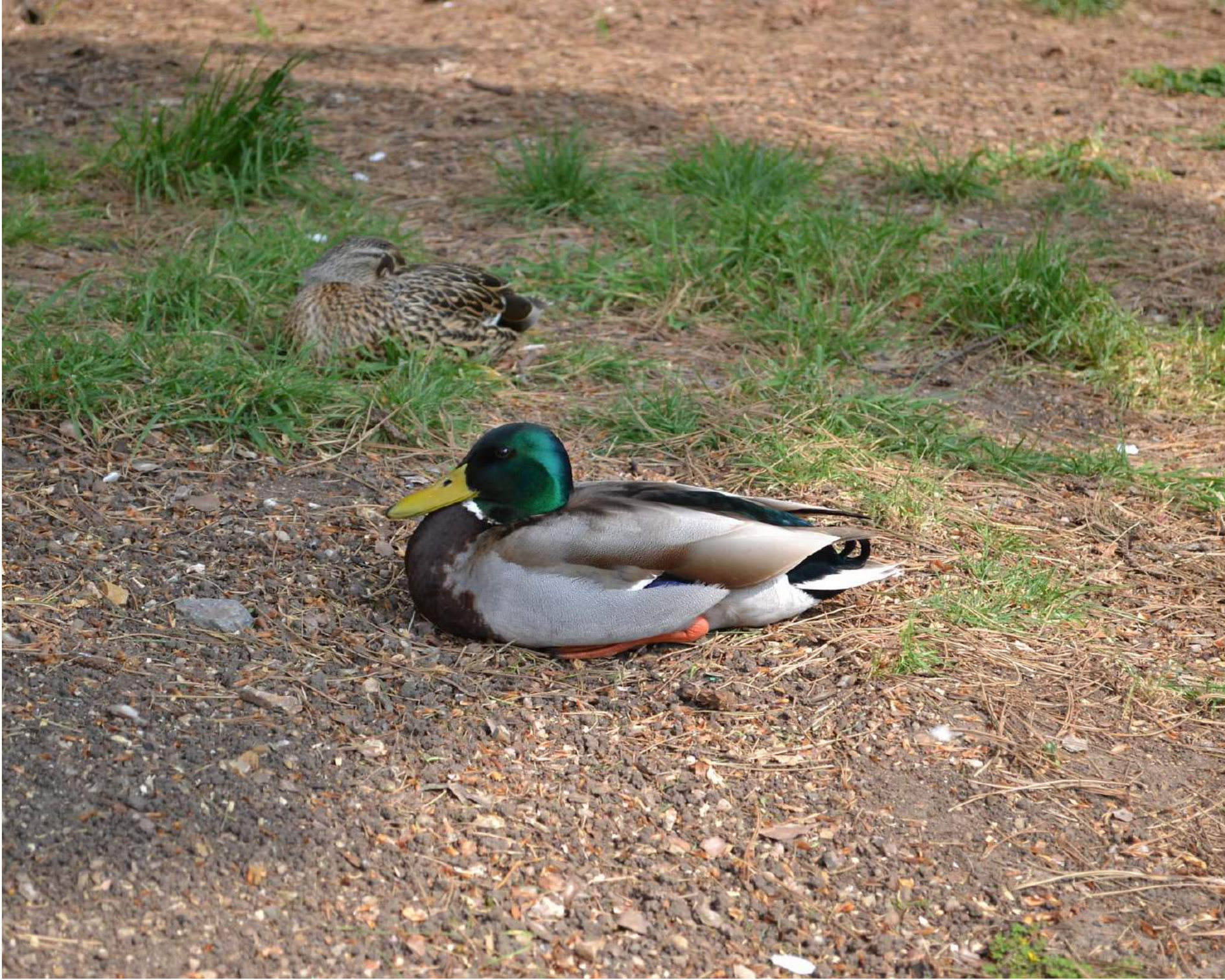Birds 1